

# INTRODUCTION

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## What are the Blobs?

They are neither male nor female, young or old, slave nor free! They are open to interpretation. Each character could be you, your partner, your best friend or a personal enemy. What is true for you might be completely the opposite for someone else. Blobs are a way to discuss issues in a deep, meaningful way and yet they can be understood by adults and children alike. You might look at a sheet and say that you feel like one Blob today, but tomorrow be a completely different Blob. You might find that a friend sees you in a completely opposite way! You could use each Blob Picture in a groupwork situation to stimulate discussion about how a team feels about itself.

The secret of how to use the Blob pictures is in asking the questions wisely! Open each session with broad questions before coming to the deeper issues which lie behind each image. There is no magic technique which will enable you to become a superb Blobster – just practice! You will find that children, young people and adults warm to being visually stimulated and having the opportunity to discuss their ideas and feelings.

Mix the Blobs in with other creative activities. Think of them as an element of the group activities. They might be your key element, but they need to be wrapped up with ice-breakers or perhaps music. Blobs are one effective way to help a group speak to each other.

Let us know how you do with the Blobs by contacting the publisher. Once you get used to the way they work you can start to explore more questions and judge the pace to take it for your group.

Happy Blobbing!